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## Other important numbers

**NQ Domestic Violence Resource Service**  
07 4721 2888

**NQ Women's Legal Service**  
07 4772 5400

**Aboriginal and Torres Strait Islander  
Women's Legal Service NQ**  
1800 082 600

**Homeless Persons Info Line**  
1800 474 753

**Women's Health Information Line**  
1800 017 676

**DVConnect Women's line**  
1800 811 811 - 24 Hrs

**Sexual Assault Helpline**  
1800 010 120 - until 11:30pm

**1800 RESPECT**  
1800 737 732 - 24 Hrs

### Opening Hours

Monday	9.00am - 4.45pm
Tuesday	9.00am - 4.45pm
Wednesday	9.00am - 12.30pm
Thursday	9.00am - 4.45pm
Friday	9.00am - 4.45pm



## the women's centre

50 Patrick Street, Aitkenvale 4814  
Phone 07 4775 7555  
Facsimile 07 4779 2959  
Email [nqcws@thewomenscentre.org.au](mailto:nqcws@thewomenscentre.org.au)

 [facebook.com\NQCWS](https://www.facebook.com/NQCWS)

[thewomenscentre.org.au](http://thewomenscentre.org.au)

*We acknowledge the Traditional Custodians of the Land.*

Funded by



## Safe space for women



## The Women's Centre has been delivering quality professional services to women of all ages, cultures and abilities for over 30 years.

Our service is a safe space for women in which we work pro-actively and respectfully with women and other agencies to provide an accessible, effective, integrated range of best practice evidence based services to meet the complex needs of vulnerable women.

These services are highly valued by women and other government and non-government agencies. Our model of approach is based on women centered, holistic, nonoppressive practice models including trauma informed care, empowerment and multiculturalism to achieve the fairest and best possible outcomes for women.

## Confidential, free and professional

### Womens Health Service

- » Counselling and support
- » Community education
- » Therapeutic groups

### Specialist Homelessness Service

- » Flexible support for women
- » Trauma informed service delivery
- » Responsive service

### Sexual Assault Service

- » Crisis and on-going trauma counselling
- » Outreach and online appointments
- » Community education
- » Recovery and healing

*"Wonderful facility for women of all ages"*

## Centre of Excellence

The Centre operates on the principle that the psychological injury resulting from sexual assault and family and domestic violence is based in trauma.

- » Leading the way in trauma informed care in North Queensland
- » NBN Active internet facility
- » Skype on-line service for rural and remote access
- » Centrelink video-link up
- » Tertiary qualified, experienced staff

## Daily services

- » Information and referral
- » Daily support counselling
- » Therapeutic groups
- » Workshops
- » Community education
- » Internet cafe and telephones
- » Donations - bread/clothes

No appointment needed to see the Daily Support Counsellor. For further information please contact The Women's Centre on 07 4775 7555.

## Regular Activities

- » Playgroup
- » Yoga
- » Legal clinic
- » Emergency relief

This is your Women's Centre

Get Involved by: -



- » **Online donation** by clicking on the link to our online appeal at [givenow.com.au](http://givenow.com.au)
- » **Donate by mail or in person** at The Women's Centre
- » **By recycling your old mobile phone** drop it at The Women's Centre and we'll donate it to [www.arp.net.au](http://www.arp.net.au)
- » **Fund an activity or programme**  
*playgroup - craft - art*
- » **Donate** women and children's clothes and household items (no electrical goods)
- » **Facebook** – like our page and support our posts
- » **Workplace Collaboration** – join our Food Drive, or collect items as a group

*"I enjoy coming here - it is a women welcoming environment.*

*I would recommend it to other women to visit when in need. And not only when in need, it's always nice to visit"*