### This is your Women's Centre

### Get Involved by:

» Online donation by clicking on the link to our online appeal at givenow.com.au



- » Make financial donations by mail or in person at The Women's Centre
- » By recycling your old mobile phone Drop it at The Women's Centre and we'll donate it to www.arp.net.au
- » Fund an activity or programme playgroup - craft - art
- » Facebook like our page and support our posts

#### Feedback and complaints

We welcome and encourage feedback from you on the quality and appropriateness of our services.

All complaints are responded to in a confidential, prompt and sensitive manner, through our Complaints Policy and Procedure.

Further information is available online at: thewomenscentre.org.au/services/feedback-and-complaints.



#### **Opening Hours**

Monday 9.00am - 4.45pm Tuesday 9.00am - 8.00pm\* Wednesday 9.00am - 2.00pm Thursday 9.00am - 8.00pm\* Friday 9.00am - 4.45pm

\*Please note: late nights are by appointment only.

#### ① 07 4775 7555

- ↑ 50 Patrick Street, Aitkenvale 4814
- nqcws@thewomenscentre.org.au
  - facebook.com\NQCWS

### thewomenscentre.org.au

We acknowledge the sovereignty of the First Nations/Peoples on whose land and sea we live and work; and honour their Elders, past, present and emerging. We particularly recognise the unique journey of Aboriginal and Torres Strait Islander women and the contribution their voices make within our organisation and the wider community.



Funded by







### Vision

We embrace a feminist philosophy.

We validate women's experiences, advocate for women and challenge injustices.

We promote and enhance the health, wellbeing and safety of all women.

We actively promote the development of a socially just, inclusive and respectful society.

We will continue to forge creative, collaborative community partnerships to enhance the position of women.

We demand a world of equality, without sexual violence and assault.



# Aims and Directions

- 1. Be a CENTRE OF EXCELLENCE that is responsive to the unique needs of women in our community
- 2. Strengthen and develop strategic partnerships and alliances
- 3. Provide current evidence-based women's services specific to:

Women's Health Services, Sexual Assault Support Services, and Homelessness

- 4. Maintain integrity and a high standard of governance
- 5. Increase the capacity of The Women's Centre

# Objectives

Our feminist framework is informed by empowerment and woman-centred practice, promoting health and wellbeing of all women.

#### We will:

- » Provide specialist services that are based on best-practice standards;
- » Enhance the safety of women and children by strengthening and valuing community partnerships;
- » Actively encourage and invite inclusion of diversity and incorporate this in our practices;
- » Acknowledge the unique journey and current position of Aboriginal, Torres Strait Islander and Australian South Sea Islander women and work with them to challenge their ongoing barriers; and
- » Strengthen women's position in the community.

# Confidential, Free & Professional



Womens Health Service
Counselling and support for women



Specialist Homelessness Service
Free homelessness services to women 18+



Sexual Assault Support Service
A free and confidential service to support you
after sexual assault

# Centre of Excellence

Supporting women whose quality of life has been diminished by violence and trauma

#### Daily services

- » Information and referral
- » Daily support counselling
- » Therapeutic groups
- » Community education and workshops
- » Ongoing Counselling
- » Support for homeless women
- » 24 hr Sexual Assault Response Team

No appointment needed to see the Daily Support Counsellor. For further information please contact The Women's Centre on 07 4775 7555.

#### Regular Activities

- » Playgroup
- » Yoga
- » Legal clinic
- » Art and craft workshops
- » Therapeutic Groups