

## Women's Health Service

Free counselling and support for women

## Health is a human right





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Appointments available Monday to Friday during business hours.

Evening counselling available by prior arrangement only.

Confidential sessions for women's health issues, to support physical, emotional and spiritual wellness.

Domestic and family violence, relationship breakdown, grief and loss, pregnancy options, therapeutic groups and social inclusion activities.



safe space for women

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Wulgurukaba Country

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We acknowledge the sovereignty of the First Nations/Peoples on whose land and sea we live and work; and honour their Elders, past, present and emerging. We particularly recognise the unique journey of Aboriginal and Torres Strait Islander women and the contribution their voices make within our organisation and the wider community.



